



Hon. Gen. Secretary's Message



Puneet Saxena

Honorary General Secretary, Association of Physicians of India

Greetings from Honorary General Secretary, Association of Physicians of India (API), head office, Mumbai!

It is a great pleasure and honor to welcome you all to the city of Patna for the Association of Physicians of India Conference (APICON) 2026. It gives me great pleasure to forward this issue of the Journal of the Association of Physicians of India (JAPI) with abstracts of free papers submitted for APICON 2026. This year the number of papers submitted speaks volumes about the interest shown by young physicians across the country, especially from medical colleges, hospitals, and medical research centers in the country. It also highlights the importance given to research papers and paper presentations in APICONs. All delegates will surely be delighted to read these abstracts before APICON 2026 at Patna.

The API was formed in 1944, that is, 81 years ago, with the main aim of encouraging and advancing knowledge and promoting research in medicine. At present, the membership has gone up to 25,000. The research wing and the Indian College of Physicians are the academic wings, with >2,100 fellows and founder fellows. These are the key objectives of API.

The API also suggests and advises framing of laws affecting the practice of medicine, medical education, health practices, and healthcare activities. API has its own state chapters and city branches in different areas; 28 state chapters and 3 territories are active with the central API.

On behalf of the API, I welcome you all to Patna city, situated on the southern bank of the Ganges River, known historically as Pataliputra. It is one of India's oldest cities, founded in 490 BCE. The city is a significant administrative, economic, and cultural hub with a rich history, including important sites for Sikhs, such as the birthplace of Guru Gobind Singh in the Patna city neighborhood.

Patna is famous for its rich cultural and historical heritage as the ancient city of Pataliputra, its vibrant shopping scene featuring Madhubani paintings and Khadi, and its numerous religious sites, such as the Takht Sri Harmandir Sahib Gurudwara and the Mahavir Mandir, and the nearby sites, such as Nalanda, Bodh Gaya, and Rajgir.

As the Honorary General Secretary, I invite members to give constructive suggestions to improve the activities of our esteemed organization.

The Organizing Chairman, Dr DK Srivastava, Organizing Secretary, Dr Kamlesh Tewary, and the organizing team are working day and night to provide all necessary facilities, good infrastructure, and excellent hospitality at the venue to make it a grand, successful APICON 2026 at Patna.

The tentative scientific program will be printed in JAPI January 2026 issue and uploaded on API, JAPI, and APICON 2026 website. This will help the delegates to plan in advance for sessions of their interest. This happened due to the perseverance and thoughtfulness of President Elect—G Narsimulu, Dean ICP Dr Kamlesh Tewary, and Editor-in-Chief Prof. Dr Mangesh Tiwaskar.

Our heartfelt thanks to President Dr Jyotirmoy Pal, Dean Dr Kamlesh Tewary, PRF Director Dr A Muruganathan, and our friends Dr Mangesh Tiwaskar, Dr Amit Saraf, Dr Rakesh Bhadade, and all governing body members of API for their unwavering support. To every member of API, your faith in us has fueled this journey, and we're excited to share this rain of knowledge with you. May APICON 2026 exceed your expectations, becoming an indelible memory etched in the tapestry of your professional experiences.

Jai Hind
Long live API

Dr Puneet Saxena